

# Be creative!

I Sofà Bar Restaurant & Roof Terrace offers guests the opportunity to create

their own customized served menu with the help of our Chef Marco Petroni.

Below you will find a rich selection of starters, first and second courses, side dishes and desserts from which you can choose your favourite dishes to compose your own menu.

#### Each menu includes:

A Welcome from our chef with sparkling wine, mini pizzas and warm savoury pastries Homemade tomato, potato and poppy seed breads Water San Benedetto still and sparkling water and lightly sparkling Nepi White and red wines from the Casale del Giglio winery Coffee









#### Starters

Octopus and cuttlefish salad with smoked potatoes, pesto and pine nuts

Soft and crunchy Grana Padano cheese on a bed of pumpkin and truffle sauce \*\*

Cured bresaola beef cones with Grana Padano cheese and a black olive sauce

Cured Amatricano ham with buffalo mozzarella and olive oil from

Carpaccio of beef marinated in a red Casale del Giglio merlot Smoked salmon, swordfish and tuna on a salad of shoots with coffee butter

Aubergine parmigiana with a San Marzano tomato and basil

Marinated anchovies with orange and lemon with stewed aubergines

Home smoked salmon with rocket and lime sauce Salt cod mousse with croutons and a black olive sauce Cold couscous salad with seasonal vegetables and basil pesto Barley salad with cherry tomatoes, buffalo mozzarella and a caper and anchovy sauce

Courgette and smoked provola cheese timbale with a spicy tomato sauce

### First Courses

Ricotta and lime ravioli with a porcini mushroom and vine tomato

Barley with aubergines and smoked provola cheese \*\* Risotto with asparagus and clams

Homemade ricotta cheese and potato-filled raviolo with salted mullet roe and black Itri olives

Mezze maniche pasta "all'Amatriciana" with bacon, tomato and pecorino romano cheese

Rigatoni pasta "alla Carbonara" with bacon, eggs and pecorino romano cheese

Rigatoni pasta "alla Gricia" with bacon, pepper and pecorino romano cheese

Schiaffoni pasta with seafood, vine tomatoes and mint Orecchiette pasta with salmon, capers and rosemary

Paccheri pasta with a scampi and courgette cream

Bombolotti pasta with musky octopus, prawns, vine tomatoes, black Gaeta olives and capers

Pennette pasta with squid ink sauce

Ricotta and vegetable crêpe with a Parmesan cream sauce Mezze penne pasta with porcini pasta and lemon zest Saffron and cheese tagliolini timbale with truffle cream Homemade potato gnocchi with baked tomatoes and ricotta cheese

Mushroom crêpe with a creamy Grana Padano cheese and milk

Trofie pasta with a rocket and walnut pesto

Ham and cheese tortelli with cream and Trevigiano chicory Egg pasta lasagna with Bolognese sauce and Buffalo mozzarella





#### Second Courses

Fillet of gilthead bream with red prawn and citrus sauce Fillet of beef in Barolo wine with pine nuts and thyme Vegetable millefeuille with goat's cheese and cream of tomato

Fillet of sea bass in a potato and courgette crust Braised veal with a porcini mushroom sauce Roman ham, sage and veal Saltimbocca in a white wine sauce

Salt cod stew with capers, black olives and vine tomatoes Fillet of bass with a prawn and poppy seed cream Stewed calamari with peas and artichokes Salmon with a creamy caper and parsley sauce Grilled swordfish on a citrus and fennel sauce Braised baby octopus with olives, vine tomatoes and oregano

Slivers of veal with an artichoke cream and shavings of pecorino romano cheese

Pork medallions with a red Casale del Giglio merlot sauce Sliced, spicy beef with tomatoes and Grana Padano cheese Turkey bites in lemon with courgettes and poppy seeds Spicy chicken with noisette potatoes and Madras curry Lamb cutlets stewed with bay leaves and chard Breaded lamb cutlets with a soft herb polenta Beef battonet with minced sage and ginger on a truffle cream

### Side Dishes

Soft parsley potatoes Baked new potatoes Potatoes with red pepper Potato gratin Boulangère potatoes Potato puree Creamed potatoes Mixed salad Buttered spinach Pan-fried chard with garlic Pan-fried chicory Green beans with mint Buttered peas and carrots Grilled vegetables with parsley Tomato gratin Jewish-style artichokes

#### Desserts

Double chocolate cake with

strawberries and mint Ricotta tart Apple and cinnamon cake with vanilla sauce Cheesecake with a wild berry sauce Crème Caramel with cantucci biscuits Chocolate pudding with caramel sauce Platter of fresh, seasonal fruit Coffee tiramisu with Gentilini biscuits Lemon cake with cream and strawberries Mint cream pudding with peach salad Crème brûlée with a wild berry sauce Double chocolate mousse with hazelnut crumble Fresh fruit and Chantilly cream tartlets Bignè with zabaione cream Almond crunch with pear cream

Pineapple and red wine tartlet

Millefeuille with chocolate and

Meringues with blackcurrant cream



# Roof Terrace

During the summer months and weather permitting our Roof Terrace can accommodate up to 80 people for a buffet menu with support tables or 40 people for a served menu.



strawberries

# Restaurant

In the winter season our restaurant can accommodate up to 60 people for a buffet menu or for a served menu.





# Need some inspiration?

Below you will find some sample menus created by our Chef Marco Petroni featuring meat, fish, vegetarian or Roman cuisine.

## MEAT-BASED MENU

4 courses

#### Chef's Welcome

A glass of Spumante, mini pizzas and savoury pastries

Cured Amatricano ham with buffalo mozzarella and olive oil from Lazio

Ricotta and lime ravioli with a porcini mushroom and vine tomato sauce

Sliced, spicy beef with tomatoes and Grana Padano cheese

Baked new potatoes Buttered spinach

Apple and cinnamon cake with vanilla sauce Coffee

#### From our wine cellars

White wine: A Hotel Indigo Rome – St. George selection Red wine: A Hotel Indigo Rome – St. George selection San Benedetto mineral water Nepi lightly sparkling mineral water San Benedetto sparkling mineral water

Homemade tomato, potato and poppy seed breads

## SEAFOOD MENU

4 courses

#### Chef's Welcome

A glass of Spumante, mini pizzas and savoury pastries

Smoked salmon, swordfish and tuna on a salad of shoots with coffee butter

Schiaffoni pasta with seafood, vine tomatoes and mint

Fillet of sea bass in a potato and courgette crust

Mixed aromatic salad Soft parsley potatoes

Lemon cake with cream and strawberries

Coffee

#### From our wine cellars

White wine: A Hotel Indigo Rome – St. George selection Red wine: A Hotel Indigo Rome – St. George selection San Benedetto mineral water Nepi lightly sparkling mineral water San Benedetto sparkling mineral water

Homemade tomato, potato and poppy seed breads





# VEGETARIAN MENU

4 courses

#### Chef's Welcome

A glass of Spumante, mini pizzas and savoury vegetarian pastries

Aubergine parmigiana with a San Marzano tomato and basil cream

Ricotta and lime ravioli with a porcini mushroom and vine tomato sauce

Vegetable millefeuille with goat's cheese and cream of tomato

Green beans with mint Boulangère potatoes

Fresh, seasonal fruit platter Coffee

#### From our wine cellars

White wine: A Hotel Indigo Rome – St. George selection Red wine: A Hotel Indigo Rome – St. George selection San Benedetto mineral water Nepi lightly sparkling mineral water San Benedetto sparkling mineral water

Homemade tomato, potato and poppy seed breads

# ROMAN MENU

4 courses

#### Chef's Welcome

A glass of Spumante, tomato bruschetta and vegetables in batter

Sliced cured meats with tomato bruschetta

Mezze maniche pasta "all'Amatriciana" with bacon, tomato and pecorino romano cheese

Roman ham, sage and veal Saltimbocca in a white wine sauce

Boulangère potatoes Pan-fried chicory

> Ricotta tart Coffee

#### From our wine cellars

White wine: A Hotel Indigo Rome – St. George selection Red wine: A Hotel Indigo Rome – St. George selection San Benedetto mineral water Nepi lightly sparkling mineral water San Benedetto sparkling mineral water

Homemade tomato, potato and poppy seed breads

